



## Statement of Commitment

John Mason School is committed to providing a healthy and caring environment that promotes and supports positive mental health for our students, staff and stakeholders. Positive mental health is vital to what we do at school; it underpins the crucial work carried out to support students and their families.

By considering student and staff wellbeing in all aspects of school life, a positive, healthy environment can be created that improves student engagement, performance and achievement which in turn gives everyone an opportunity to develop and achieve their full potential.

This year we are working incredibly hard to achieve the Wellbeing Award for Schools.



This whole-school award focuses on ensuring effective practice and provision is in place that promotes the emotional wellbeing and mental health of both students and staff.

The award focuses on changing the long-term culture of a school, and embeds an ethos where mental health is regarded as the responsibility of everyone.

By working towards this award, our school can:

- Show their commitment to promoting mental health as part of regular school life
- Improve the emotional wellbeing of our school community
- Ensure mental health problems are identified early and effective support provided
- Offer provision and interventions that matches the needs of our school community
- Engage the whole-school community in the importance of mental health awareness
- Obtain the views of parents, students and staff on mental health

John Mason School will work closely with the whole of the school community to support positive mental health and wellbeing for all – students, staff, parents and families.

Please see what we have implemented so far at school to become a healthier and more environmentally friendly place to be.

Signed: *Sarah Brinkley*  
Headteacher

*Barry Graham*  
Chair of Governors